

WOODBINE REHABILITATION AND HEALTH CARE

Week C

Meal	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Juice of Choice Cereal of Choice Sausage Links Pancakes Margarine/Syrup Milk	Juice of Choice Cereal of Choice Egg of Choice Cinnamon Toast Milk	Juice of Choice Cereal of Choice Breakfast Sandwich Margarine/Jelly Milk	Juice of Choice Cereal of Choice Egg of Choice Waffle Margarine/Syrup Milk	Juice of Choice Cereal of Choice Egg of Choice Toast Margarine/Jelly Milk	Juice of Choice Cereal of Choice Egg of Choice French Toast Margarine/Syrup Milk	Juice of Choice Cereal of Choice Egg of Choice Bacon Muffin Margarine/Jelly Milk
LUNCH	Fried Chicken Parslied New Potatoes Greens Dinner Roll Margarine Coconut Cream Cake	Swiss Steak w/ Gravy Rice Lima Beans Dinner Roll Margarine Ambrosia	Herbed Pork Chop Mashed Potatoes w/Brown Gravy Squash Medley Dinner Roll Margarine Sliced Peaches	Pot Roast w/ Potatoes and Carrots Dinner Roll Margarine Cake w/ Creamy Frosting	Sliced Baked Ham O'Brien Potatoes Broccoli Florets Dinner Roll Margarine Pear Halves	Chicken Piquant Rice Vegetable Medley Dinner Roll Margarine Sherbet	Breaded Fish Fillet Lemon Wedge Macaroni & Cheese Parslied Carrots Dinner Roll Margarine Chocolate Tango Pudding
DINNER	Swedish Meatballs Noodles Scandinavian Veg. Blend Bread Stick Margarine Citrus Banana Cup Milk	Vegetable Fritta Roasted Red Skin Potatoes Baked Tomatoes Muffin Margarine Sugar Cookie Milk	Vegetable Soup Crackers Tuna Melt French Fries Dill Cucumber Salad Ice Cream Milk	Chicken Cacciatore Penne Pasta Italian Veg Blend Bread Margarine Fruit Mix Milk	Vegetable Lasagna Tossed Salad Garlic Bread Chocoalte Chip Bar Milk	Philly Steak Sandwich Sauteed Peppers & Onions Potato Wedges Banana Half Milk	BBQ Pork Platter on Bun Chuckwagon Corn Calico Coleslaw Pineapple& Mandarin Oranges Milk