



# woodbine

## Memorial Day History

**HAPPY BIRTHDAY!!!**



- Loretta Hurley 5/2
- Florence Pozycek 5/2
- Ernestine Ware 5/5
- Alice Daniels 5/6
- Hugh Cannon 5/9
- Kathryn Cunnigham 5/10
- Beatrice Mazzo 5/11
- James Wilson 5/11
- Carrie Tatum 5/13
- Adlynn Buerger 5/15
- Dorothy Kabler 5/15
- Carol Evans 5/16
- Nigel Angel 5/17
- Dennis Blankenbecker 5/17
- Malcolm Coleman 5/17
- Delores Miller 5/17
- Helen Duckett 5/22
- Juanita Chambers 5/24
- Maria Rodriguez 5/25
- Jesse Williams 5/26
- William Lhommedieu 5/27
- Douglas Elmore 5/28
- Sarah Noel 5/28
- Lagrimas Villanueva 5/28



### Where did it all begin?

While several different stories circulate about the origin of Memorial Day, the central New York village of Waterloo has the best claim regarding the founding of the holiday. In 1866, Henry Welles, a local pharmacist, proposed a celebration honoring those who fought and died in the Civil War. The community got behind the idea, and on May 5, 1866, the flags in Waterloo were flown at half-mast, a parade was organized, and ceremonies were held at local cemeteries. One hundred years later, in May of 1966, President Lyndon Johnson officially designated Waterloo as “the birthplace of Memorial Day.”



### The Official Beginning

Decoration Day, as it was first called, was officially proclaimed on May 5, 1868, by General John Logan of the Grand Army of the Republic in his General Order No.11. It was officially observed on May 30, 1868, with a ceremony at Arlington National Cemetery. The first state to recognize the holiday was New York in 1873. By 1890, all of the northern states observed the holiday. However, the southern states preferred to honor their dead on separate days until after World War 1. In 1882, the name was changed to Memorial Day. Today we honor all the soldiers who have died in all the wars.

### The Holiday Act

Until 1971, Memorial Day was observed on May 30 each year. Then Congress passed the National Holiday Act (the act that provided a three-day weekend for all federal holidays). Memorial Day was officially declared a national federal holiday to be held on the last Monday in May.

MAY 2010

Woodbine Rehabilitation  
& Healthcare Center

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Alexandria, VA

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## National Nursing Home Week



National Nursing Home Week is sponsored by the American Health Care Association (AHCA). It is held the week beginning with Mother's Day—Sunday, May 9 through Saturday, May 15, 2010. The week was created in 1967. The 2010 theme is "Enriching Every Day." Woodbine will host a series of events designed to enrich the relationships and contacts between residents, youth, community members, and family and staff. Our residents and staff have so much to share and National Nursing Home Week is the perfect showcase. Some of the week's special events include: the Mother's Day Tea, NNHW Proclamation Reading with Mayor Euille, \$\$ Dollar Bingo, Woodbine Softball Classic, Squeals on Wheels, and the NNHW cookout. Please join us in celebrating National Nursing Home Week. We'll see you at the festivities!

### This Month We Celebrate

May Day  
May 1

No Diet Day  
May 6

Cinco de Mayo  
May 5

Mother's Day  
May 9

Armed Forces Day  
May 15

Memorial Day  
May 24

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National Nurses' Week  
(May 6–12)

National Smile  
Month

Older Americans Month

Women's Healthcare  
Month

Healthy Vision Month

National Correct Posture  
Month

National Hamburger  
Month

National Nursing Home  
Week  
(May 9–15)

### TOP 10 THINGS I LEARNED FROM MY MOTHER

10. Always eat your vegetables.
9. Say please and thank you.
8. Don't slam doors.
7. Wear your shoes when you go outside.
6. Do unto others as you would have them do to you.
5. Never give up.
4. Be kind to others.
3. Things are just things. It's people who matter. It's family that matters.
2. Children are awesome.
1. Pray!



### VOLUNTEERS WANTED

Volunteer opportunities are available weekdays and weekends to assist with activities, 1:1 room visits, outings, the gift cart etc. For more information, please contact Allison Vercoe, Volunteer Coordinator at (703) 535-7161.